US family-of-4 kit summary

One page; tick as you buy.

- [ ] **Store sealed drinking water for the household**
  When: Now | Cost: USD 16.44-17.28 | Qty (family of 4): 12 US gallons: CDC 3-day minimum at 1 gallon/person/day for 4 people; build toward a 2-week supply (56 US gallons) if space allows
- [ ] **Build a reserve of familiar shelf-stable food and include a manual can opener**
  When: Now | Qty (family of 4): Food for 4 people for 3 days of evacuation; build toward 14 days at home
- [ ] **Prepare battery lights and compatible spare batteries**
  When: Now | Cost: USD 29.00-35.18 | Qty (family of 4): 2 lights; compatible spare batteries priced separately
- [ ] **Install or test battery-backed carbon monoxide alarms on every level and near sleeping areas**
  When: Now | Cost: USD 23.47-54.97 | Qty (family of 4): Number depends on home layout; price is per alarm
- [ ] **Set aside existing dry layers and blankets; identify a warm place with power**
  When: Now | Qty (family of 4): Warm clothing and bedding for all 4 people
- [ ] **For a formula-fed infant pack single-serving ready-to-feed formula; if you must mix powder and tap water is unsafe, use bottled or boiled water; plan for breastfeeding during outages**
  When: now; review monthly | Qty (family of 4): If applicable: several days at the infant's current feeding needs; do not dilute formula
- [ ] **For an infant pack diapers and wipes plus usual medicines agreed with the child's clinician**
  When: Now | Qty (family of 4): If applicable: at least 1 large pack of diapers and 2 packs of wipes; medicines individualized
- [ ] **Pack simple transportable activities (such as coloring books and crafts) in the children's evacuation bags**
  When: Now | Qty (family of 4): A few activities per child as a household allocation
- [ ] **Make a family reunification plan (contacts, several meeting places), complete a contact card for your child's backpack and your wallet, and ask your child's school or childcare how you will be reunited and notified in an emergency or evacuation and where to go for pick-up**
  When: This fortnight | Qty (family of 4): Plan covering both children and their schools or childcare
- [ ] **Prepare durable child ID/contact cards or tags and keep current family photos for reunification**
  When: Now | Qty (family of 4): 2 child cards or tags; current family photos
- [ ] **Identify backup power for medical equipment and agree a device-specific evacuation plan with the clinician and equipment supplier**
  When: This fortnight | Qty (family of 4): For each dependent person and device; runtime set with supplier
- [ ] **Ask your pharmacist how long your medicines keep without a fridge. Keep a cooler and ice packs. If power is out a day or more, throw away fridge medicines unless the label says otherwise. If someone's life depends on a medicine, keep using it until you get a new supply**
  When: now; refill before storms | Qty (family of 4): Discuss quantity with prescriber and pharmacist: Red Cross suggests 7 days; CDC child/pregnancy emergency checklist specifies at least 2 weeks
- [ ] **If a full-time household member has a qualifying medical condition or device, apply for your utility's Medical Baseline program (lower rate and extra advance notice of Public Safety Power Shut-offs) and keep your own backup plan for powered medical equipment**
  When: This fortnight | Qty (family of 4): Each eligible household member
- [ ] **Form a personal support network of family, friends and neighbors with agreed check-ins, and ask local emergency management about evacuation assistance**
  When: within 2 weeks; activate before each storm | Qty (family of 4): Plan for each person needing help

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General preparedness information from official sources, not personal, legal, medical or insurance advice. Always follow instructions from your local authorities and emergency services. In an emergency call 999 or 112 (UK) or 911 (US). Checklist built from official-source tables (source hosts shown; full links on the website); costs marked indicative are planning ranges. Items are those common to this country's regional tables; see your regional checklist for local actions.

Full links and updates:
ninoprep.com/us/
Scan the code or type the address.